



Liffey Valley AC  
Winter League  
2024/2025



Margaret  
O'Friel



Ruth  
Murphy



Cormac  
Long



Cross Country  
 Road Race  
 Handicap

N°	ATHLETE NAME	1 21/12/2024 Cake Race 5k XC	2 01/02/2025 5k XC	3 23/02/2025 7.5k XC Championship	4 09/03/2025 Avondale Cup 5k Road Race	5 01/04/2025 2 Mile Road Race	Bonus 5 races	Lowest Score	TOTAL
1°	Ruth Murphy	50	0	50	23	44	0	0	167
2°	Margaret O'Friel	42	34	50	15	28	10	-15	164
3°	Cormac Long	24	42	50	37	16	10	-16	163
4°	Michael Ferreira	30	35	50	22	34	10	-22	159
5°	Patrick Fox	0	45	50	39	24	0	0	158
6°	Una Reilly	17	41	50	33	18	10	-17	152
7°	Eddie McGrath	43	37	50	0	20	0	0	150
8°	Pat Collins	21	44	50	21	15	10	-15	146
9°	James McKenna	35	36	50	25	0	0	0	146
10°	Paddy Reilly	16	50	50	19	10	10	-10	145
11°	Tom O'Connor	0	28	50	28	31	0	0	137
12°	Neil Duffy	0	0	50	42	43	0	0	135
13°	Robert Collins	37	0	50	45	0	0	0	132
14°	Peter Bowe	0	0	50	41	36	0	0	127
15°	Rebecca McLoughlin	27	0	50	29	19	0	0	125
16°	Antonio Lorente	45	33	0	24	22	0	0	124
17°	Clare Kavanagh	44	31	0	0	41	0	0	116
18°	James Foley	39	0	50	26	0	0	0	115
19°	Alejandro Cavallo	0	39	50	0	25	0	0	114
20°	Paddy Murphy	0	0	50	38	26	0	0	114
21°	Matthew Blyth	22	38	0	44	7	0	0	111
22°	Joe Cooper	19	27	50	0	12	0	0	108
23°	Lynn Devitt	26	0	50	17	13	0	0	106
24°	Arnaud Benjagar	25	0	50	0	29	0	0	104
25°	Orla Gordon	23	0	50	0	30	0	0	103
26°	Brigid Long	0	0	50	18	35	0	0	103
27°	Calvin Malone	0	40	0	50	11	0	0	101
28°	Conor O'Loughlin	40	43	0	0	0	0	0	83
29°	Bernard O'Sullivan	20	0	0	20	42	0	0	82
30°	Geoffrey Alexandre	31	0	50	0	0	0	0	81
31°	Pierce Geoghegan	38	0	0	0	33	0	0	71
32°	David Carroll	0	32	0	0	39	0	0	71
33°	Robbie Mulhall	0	0	0	40	27	0	0	67
34°	Shauna Dunne	0	0	0	27	40	0	0	67
35°	Dearbhaile Rooney	0	0	0	34	32	0	0	66
36°	Ciaran Reilly	29	0	0	35	0	0	0	64
37°	Richard Finnegan	0	0	50	0	14	0	0	64
38°	Mollie O'Donnell	0	30	0	30	0	0	0	60
39°	Paul Balfe	33	0	0	0	21	0	0	54
40°	Ellen Cronin	0	29	0	0	23	0	0	52
41°	Joe Whittle	0	0	0	0	50	0	0	50
42°	DeAngelo Massah	0	0	0	0	45	0	0	45
43°	Stephanie Hawkins	0	0	0	43	0	0	0	43
44°	Ben Delaney	41	0	0	0	0	0	0	41
45°	Maeve Gilmartin	0	0	0	0	38	0	0	38
46°	Hilary McDonnell	0	0	0	0	37	0	0	37
47°	Martin Dorgan	36	0	0	0	0	0	0	36
48°	Niamh Dwyer	0	0	0	36	0	0	0	36
49°	Simon Monds	34	0	0	0	0	0	0	34
50°	Mark Naylor	32	0	0	0	0	0	0	32
51°	Jeanne Nicollier	0	0	0	32	0	0	0	32
52°	Oisin Murphy	0	0	0	31	0	0	0	31
53°	Aoife Brady	28	0	0	0	0	0	0	28
54°	Donal Iremonger	18	0	0	0	0	0	0	18
55°	Ciara Broderick Farrell	0	0	0	0	17	0	0	17
56°	Utpal Medhi	0	0	0	16	0	0	0	16
57°	Jim Davis	15	0	0	0	0	0	0	15
58°	Christine Roche	0	0	0	14	0	0	0	14
59°	Paul Roberts	0	0	0	0	9	0	0	9
60°	Colm Kerr	0	0	0	0	8	0	0	8