



# TRACK SEASON - GRADED MEETINGS

# 2026

## LIFFEY VALLEY ATHLETIC CLUB



<b>1</b>	<b>02/05</b>	<b>800m/3000m</b> Saturday - Morton - 12:00	
<b>2</b>	<b>10/05</b>	<b>1500m</b> Sunday - Morton - 12:00	
<b>3</b>	<b>20/05</b>	<b>1500m/10000m</b> Wednesday - Irishtown - 18:30	
<b>4</b>	<b>03/06</b>	<b>800m/5000m</b> Wednesday - Morton - 18:30	
<b>C1</b>	<b>10/06</b>	<b>800m</b> Wednesday - Tallaght - 19:15	
<b>5</b>	<b>13/06</b>	<b>800m/3000m</b> Saturday - DSD - 14:00	
<b>6</b>	<b>24/06</b>	<b>1500m</b> Wednesday - Morton - 19:00	
<b>C2</b>	<b>01/07</b>	<b>1500m W / 3000m M</b> Wednesday - Tallaght - 19:15	
<b>C3</b>	<b>08/07</b>	<b>1Mile Guess your time!</b> Wednesday - Tallaght - 19:15	
<b>7</b>	<b>15/07</b>	<b>800m/3000m</b> Wednesday - Lucan - 19:00	
<b>8</b>	<b>29/07</b>	<b>1500m</b> Wednesday - Morton - 19:00	