



# **DUBLIN GRADED LEAGUES**

## **BOOKLET 2025**



*Dublin Graded Meeting, Shelbourne Stadium, Irishtown, August 1957*  
*Photo courtesy of Jimmy O'Neill, Crusaders*





## **DUBLIN GRADED LEAGUES 2025**

### **BOOKLET**

	<b>Page</b>
<b>1. Dates and Features</b>	<b>1</b>
<b>2. Summary Programme 2025</b>	<b>2</b>
<b>3. Detailed Programme 2025</b>	
<b>Meeting 1</b> 03/05/25    Morton	<b>3</b>
<b>Meeting 2</b> 11/05/25    Morton	<b>4</b>
<b>Meeting 3</b> 21/05/25    Tallaght	<b>5</b>
<b>Meeting 4</b> 04/06/25    Morton	<b>6</b>
<b>Meeting 5</b> 14/06/25    DSD	<b>7</b>
<b>Meeting 6</b> 25/06/25    Morton	<b>8</b>
<b>Meeting 7</b> 16/07/25    Lucan	<b>9</b>
<b>Meeting 8</b> 30/07/25    Morton	<b>10</b>
<b>4. Event Grades 2025</b>	<b>11</b>
<b>5. Grand Prix 2025</b>	<b>12</b>
<b>6. Dublin Track Locations</b>	<b>13</b>
<b>7. Dublin Athletics Officers</b>	<b>14</b>
<b>8. Graded Series Regulations</b>	<b>15</b>



## Dublin Graded Series 2025 – Dates and Features

For 2025, eight dates have been selected all of which are confirmed at this stage as follows:

			<b>1<sup>st</sup> Event</b>	<b>Entries Close</b>
Meeting 1	Saturday 3 <sup>rd</sup> May	Morton Stadium	11.40	Apr 30 <sup>th</sup> – 23.59
Meeting 2	Sunday 11 <sup>th</sup> May	Morton Stadium	12.00	May 7 <sup>th</sup> – 23.59
Meeting 3	Wednesday 21 <sup>st</sup> May	Tallaght Athletics Stadium	18.45	May 17 <sup>th</sup> – 23.59
Meeting 4	Wednesday 4 <sup>th</sup> June	Morton Stadium	19.00	May 30 <sup>th</sup> – 23.59
Meeting 5	Saturday 14 <sup>th</sup> June	DSD Campus	13.40	Jun 10 <sup>th</sup> – 23.59
Meeting 6	Wednesday 25 <sup>th</sup> June	Morton Stadium	18.40	Jun 21 <sup>st</sup> – 23.59
Meeting 7	Wednesday 16 <sup>th</sup> July	Lucan Harriers Track	19.00	Jul 12 <sup>th</sup> – 23.59
Meeting 8	Wednesday 30 <sup>th</sup> July	Morton Stadium	19.00	Jul 26 <sup>th</sup> – 23.59

Similar to previous years, eight graded leagues are scheduled for 2025. The programme has been planned, where possible, to allow all events both track and field, three separate dates.

It is intended to provide additional opportunity for sprinters. For the first two meetings all sprinters will have two races over 100m and 200m respectively. At other meetings, where either 100m or 200m are being staged, there will be finals based on the eight fastest times in the opening heats. Where feasible, races over 100m and 200m will be run with the prevailing wind.

Four athletic tracks will be engaged to deliver the series namely Morton Stadium, DSD Campus, Tallaght Athletic Stadium and Lucan Harriers Track.

Bearing in mind the heavy traffic in Dublin on Wednesday evenings there will be three meetings on Saturdays and Sundays.

There have already been requests from the High Performance unit of the Athletic Association of Ireland to host relays. There has also been a request to stage hurdles races in a particular meeting (meeting 6). It may arise that the master athletes may consider further world record attempts.

- It is intended to “Live Stream” the track events at all eight meetings.
- AAI permits have been requested for all meetings.
- WA permits have been requested for all eight meetings.
- Full electronic timing will be in place at all meetings.
- Sprinters will have two races in meetings 1 and 2.
- Sprinters (100m and 200m) will have heats and finals at meetings 4, 5, and 8.
- Where possible sprinters will run with the wind.
- Dublin championships will be held for all events. Meetings 1, 2 and 3 refer.
- The ever popular grand prix will be held for both track and field events.
- The year end prize giving evening will again be held in September 2025.

	MEET 1	MEET 2	MEET 3	MEET 4	MEET 5	MEET 6	MEET 7	MEET 8
	MORTON Saturday 03 May 2025	MORTON Sunday 11 May 2025	TALLAGHT Wednesday 21 May 2025	MORTON Wednesday 04 June 2025	DSD CAMPUS Saturday 14 June 2025	MORTON Wednesday 25 June 2025	LUCAN Wednesday 16 July 2025	MORTON Wednesday 30 July 2025
4 x 100m	X				X			
100/100m H						X		
100m	X - Champ*			X				X
200m		X - Champ*			X			
400m			X - Champ*			X		
800m	X - Champ*			X	X		X	
1500m		X - Champ*				X		X
Mile			X					
3000m	X - Champ*				X		X	
5000m		X						
10000m			X - Champ*					
2000m S/C	X							
Shot	X - Champ*			X		X	X	
Discus		X - Champ*			X			X
Javelin		X - Champ*		X		X		
Hammer	X - Champ*		X			X		
Long Jump	X - Champ*			X				X
Tripple Jump		X - Champ*			X			
High Jump	X - Champ*				X			X
Pole Vault		X - Champ*			X			X
		X - Champ*	Medals to Dublin registered athletes only.					



**Meeting 1 – Saturday May 3rd 2025 – Morton Stadium, Santry  
Order of Events, commencing at 11.40**

<b>4 x 100m Relay - Race 1</b>	Women	
<b>4 x 100m Relay - Race 1</b>	Men	
<b>Hammer</b>	Women and Men	
<b>Long Jump</b>	Women and Men	
<b>2000m S/C</b>	Women	
	Men	
<b>3000m</b>	Women A + B	
	Women C + D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>Shot</b>	Women and Men	
<b>High Jump</b>	Women and Men	
<b>4 x 100m Relay - Race 2</b>	Women	
<b>4 x 100m Relay - Race 2</b>	Men	
<b>100m - 1st Race</b>	Women A-1	
	Women A-2	
	Women B-1	
	Women B-2	
	Women C-1	
	Women C-2	
	Women D-1	
	Women D-2	
	Men A-1	
	Men A 2	
	Men B-1	
	Men B-2	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**



**Meeting 1 – Saturday May 3rd 2025 – Morton Stadium, Santry**  
*continued*

<b>100m - 2nd Race</b>	Women A-1	
	Women A-2	
	Women B-1	
	Women B-2	
	Women C-1	
	Women C-2	
	Women D-1	
	Women D-2	
	Men A-1	
	Men A-2	
	Men B-1	
	Men B-2	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>800m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**



**Meeting 2 – Sunday May 11th 2025 – Morton Stadium, Santry  
Order of Events, commencing at 12.00**

<b>Discus</b>	Women and Men	
<b>Pole Vault</b>	Women and Men	
<b>5000m</b>	Women A	
	Women B	
	Women C	
	Women D	
<b>5000m</b>	Men A	
	Men B	
	Men C	
	Men D	
<b>200m - 1st Race</b>	Women A-1	
	Women A-2	
	Women B-1	
	Women B-2	
	Women C-1	
	Women C-2	
	Women D-1	
	Women D-2	
	Men A-1	
	Men A-2	
	Men B-1	
	Men B-2	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>Javelin</b>	Women and Men	
<b>Triple Jump</b>	Women and Men	
<b>1500m</b>	Women A	
	Women B	
	Women C	
	Women D	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**



**Meeting 2 – Sunday May 11th 2025 – Morton Stadium, Santry**  
*continued*

<b>200m - 2nd Race</b>	Women A-1	
	Women A-2	
	Women B-1	
	Women B-2	
	Women C-1	
	Women C-2	
	Women D-1	
	Women D-2	
	Men A-1	
	Men A-2	
	Men B-1	
	Men B-2	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>1500m</b>	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**





**Meeting 3 – Wednesday May 21st 2025 – Tallaght Athletics Stadium  
Order of Events, commencing at 18.45**

<b>10000m</b>	Men - All	
<b>Hammer</b>	Women and Men	
<b>400m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>Mile</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**



**Meeting 4 – Wednesday June 4th 2025 – Morton Stadium, Santry  
Order of Events, commencing at 19.00**

<b>Shot</b>	Women and Men	
<b>Javelin</b>	Women and Men	
<b>Long Jump</b>	Women and Men	
<b>100m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>100m - Final</b>	Women	
	Men	
<b>800m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**



**Meeting 5 – Saturday June 14th 2025 – DSD Campus**  
**Order of Events, commencing at 13.40**

<b>4 x 100m Relay - Race 1</b>	Women	
<b>4 x 100m Relay - Race 1</b>	Men	
<b>Discus</b>	Women and Men	
<b>Pole Vault</b>	Women and Men	
<b>3000m</b>	Women A + B	
	Women C + D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>4 x 100m Relay - Race 2</b>	Women	
<b>4 x 100m Relay - Race 2</b>	Men	
<b>High Jump</b>	Women and Men	
<b>Triple Jump</b>	Women and Men	
<b>200m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>800m</b>	Women A	
	Women B	
	Women C	
	Women D	
<b>200m Final</b>	Women	
<b>200 Final</b>	Men	
<b>800m</b>	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media 24 hours before the meeting is scheduled to commence**



**Meeting 6 – Wednesday June 25th 2025 – Morton Stadium, Santry  
Order of Events, commencing at 18.40**

<b>100m Hurdles</b>	Women	
<b>110m Hurdles</b>	Men	
<b>Hammer</b>	Women and Men	
<b>400m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>Shot</b>	Women and Men	
<b>Javelin</b>	Women and Men	
<b>1500m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**



**Meeting 7 – Wednesday July 16th 2025 – Lucan Harriers Track  
Order of Events, commencing at 19.00**

<b>Shot</b>	Women and Men	
<b>3000m</b>	Women A + B	
	Women C + D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>800m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**



**Meeting 8 – Wednesday July 30th 2025 – Morton Stadium, Santry  
Order of Events, commencing at 19.00**

<b>Discus</b>	Women and Men	
<b>Pole Vault</b>	Women and Men	
<b>100m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	
<b>100m - Final</b>	Women	
	Men	
<b>High Jump</b>	Women and Men	
<b>1500m</b>	Women A	
	Women B	
	Women C	
	Women D	
	Men A	
	Men B	
	Men C-1	
	Men C-2	
	Men D-1	
	Men D-2	

**Final timetable will be published on social media  
24 hours before the meeting is scheduled to commence**



## DUBLIN ATHLETICS GRADED TRACK AND FIELD SERIES 2025 - GRADES

WOMEN	GRADE	Athletes who have run <b>SUB</b>
100m	A	12.50
	B	13.00
	C	13.50
	D	All Others
200m	A	25.50
	B	26.00
	C	27.00
	D	All Others
400m	A	60.00
	B	65.00
	C	68.00
	D	All Others
800m	A	2.16.00
	B	2.22.00
	C	2.30.00
	D	All Others
1500m	A	4.30.00
	B	4.50.00
	C	5.10.00
	D	All Others
Mile	A	5.00.00
	B	5.30.00
	C	6.00.00
	D	All Others
3000m	A	10.15.00
	B	11.15.00
	C	12.00.00
	D	All Others
5000m	A	17.30.00
	B	18.30.00
	C	19.30.00
	D	All Others
2000m s/c	A	7.15.00
	B	7.35.00
	C	8.00.00
	D	All Others

MEN	GRADE	Athletes who have run <b>SUB</b>
100m	A	11.20
	B	11.50
	C	12.00
	D	All Others
200m	A	23.00
	B	24.00
	C	25.00
	D	All Others
400m	A	49.00
	B	52.00
	C	55.00
	D	All Others
800m	A	1.55.00
	B	2.00.00
	C	2.05.00
	D	All Others
1500m	A	4.00.00
	B	4.10.00
	C	4.20.00
	D	All Others
Mile	A	4.20.00
	B	4.40.00
	C	5.00.00
	D	All Others
3000m	A	9.30.00
	B	10.15.00
	C	11.00.00
	D	All Others
5000m	A	15.15.00
	B	16.15.00
	C	17.00.00
	D	All Others
2000m s/c	A	6.30.00
	B	7.00.00
	C	7.30.00
	D	All Others



## **Grand Prix Details**

Similar to last year, there will be a Grand Prix hosted within the graded league series 2025 with unique medallions being presented to award winners.

### **Track Events**

A unique medallion will be presented to the first three in each grade A to D for both women and men in all track events. In the event of equal points achieved, awards will be presented to each athlete involved in the tie.

For track events, 100 points will be awarded to the winner of each race in each grade. Where there are a number of races within a grade the 100 points will go to the fastest time overall.

Where eligible, an athlete may win an award for more than grade.

Additionally, there will be an award to the best overall track performance of the series. Dublin Athletics officers will decide the outcome of this award.

### **Field Events**

For field events it was not deemed appropriate to divide the events into grades on this occasion. For 2025, 100 points will be awarded to the winner of each event at each graded league meeting. The field event Grand Prix will be broken into two sections, throws and jumps. A unique medallion will be presented to athletes, first, second and third, with the highest number of points cumulative in both throws and jumps over the eight meeting series.

An athlete may win an award from more than one section.

Additionally, there will be an award to the best overall field performance of the series. Dublin Athletics officers will decide the outcome of this award.

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## **Dublin Track Locations**

### **DSD CAMPUS**

St Thomas Track,  
Tibradden Road,  
Rathfarnham,  
Dublin 16  
D16 T6N2

### **LUCAN HARRIERS TRACK**

Newcastle Road,  
Lucan,  
Co Dublin  
K78 V5W6

### **MORTON STADIUM**

Swords Road,  
Santry,  
Co Dublin  
D09 RV10

### **TALLAGHT ATHLETICS TRACK**

Bancroft Park,  
Greenhills Road,  
Tallaght,  
Dublin 24  
D24 X7WY



## Dublin Athletics Officials

Dublin Athletics AAI is the governing body for athletics in Dublin. It represents some 50 athletic clubs with a combined membership in excess of 13,000 athletes.

The origins of the Dublin Athletics date back over a hundred years and since its inception the ethos of voluntary contribution in the service of young athletes has remained. Dublin Athletics organises a full range of competition, track and field, cross country and indoors for under age athletes from 8 to 19, and senior athletes from 19 to 90.

The officers, who deliver these competitions are all voluntary and drawn from constituent clubs. They are elected at Annual General Meetings and the current officers elected on March 4<sup>th</sup> 2024 are as follows:

Chairman	PJ Claffey	Rathfarnham AC
Vice Chairman	Charlie O'Neill	Donore Harriers
Hon Secretary	Vacant	
Assistant Hon Secretary	Vacant	
Hon Treasurer	Mary Friel	Metro St Brigid's
Hon Registrar	Sinead Galvin	Clongriffin Athletic Club
Child Liaison Officer	Gerty Gilbert	Mid Sutton Athletic Club
Underage Competition	Cecil Johnston	Tallaght Athletic Club
Hon Secretary Road And Cross-Country	Dick Hooper	Raheny Shamrock
Hon Secretary Graded Leagues	Vacant	
Social Media	Nicole Hodson	Lusk Athletic Club
Public Relations Officer	Vacant	
Equipment Officer	Brian Tremble	Metro St Brigid's
Development Officer	Jermy Lyons	Clongriffin Athletic Club
Committee	Shirley Murray	Tallaght Athletic Club
Committee	Aine Kelly	Tallaght Athletic Club
Committee	Antoinette Holland	Lucan Athletic Club
Committee	Eoin Fitzgerald	Lucan Athletic Club
Website:	<a href="http://www.dublinathletics.com">www.dublinathletics.com</a>	
Email	<a href="mailto:dublinathleticsgradedleagues23@gmail.com">dublinathleticsgradedleagues23@gmail.com</a>	
Facebook	Dublin Athletics	
Instagram	Dublin_athletics_insta	
Twitter	@DublinAthletics	



## **Guidelines and Rules of Participation**

1. Dublin Athletics will not tolerate gender or racial abuse towards any athlete or official, offenders will be identified and will face legal consequences.
2. Dublin Athletics will not tolerate abuse, verbal, written or otherwise, directed towards its officers and those prepared to deliver events. Offenders will be identified and will face legal consequences.
3. All Dublin clubs are obliged to supply at least two competent officials for each meeting.
4. Athletes must be 16 years of age or older in the year of competition to compete in any event in the Graded Meetings.
5. Athletes under 18 years of age must have written consent from a parent/guardian.
6. Athletes must be registered with AAI or NI Athletics or have a letter of clearance from their overseas federation where applicable.
7. AAI or NIA club singlets must be worn. If no singlet is available – a PLAIN white t-shirt/singlet is permitted, on a once off basis.
8. Athletes must enter online by the advertised closing time. Entries will open approx. 5 days before each meeting and will close approx. 2 days before each meeting. Strictly no entries on the day of competition.
9. To facilitate heat and lane draws athletes must confirm their intention to compete at least six hours before the scheduled start of each meeting.
10. Athletes must check in and collect their bib at least 45 minutes before event start time.
11. Athletes may compete in more than one event at each meeting at no additional cost.
12. Entry numbers are valid only for the meeting entered
13. In field events, athletes in the throws and lateral jumps will be permitted 6 attempts.
14. The competition will be conducted under senior World Athletics rules, with the exception of throwing events where Masters and U20 athletes may throw implements at an appropriate weight for their age category.



15. Implements must be presented to the appropriate official for weighing 45 minutes in advance of the competition.
16. In the interests of safety, athletes must demonstrate proficiency in their event and may be removed from such event if in the opinion of the referee they do not demonstrate the necessary proficiency.
17. Events will usually be run in grade order: Women before Men, starting with grade 'A' women and grade 'A' men as appropriate.
18. In Dublin championships (DCM) only athletes registered with Dublin Clubs are eligible to compete for Dublin medals.
19. Where heats prove necessary in Dublin Championships (DCM) the fastest woman or man respectively over all the heats will be awarded the winner's medal.
20. The organisers may bring forward the start time of any event by up to 30 minutes.
21. Any appeal shall be made orally or in writing by a competing athlete to the competition referee within 15 minutes of the finish of their event.
22. Dublin Athletics reserves the right to amend any of the above should the need arise.
23. Queries to [admin@dublinathletics.com](mailto:admin@dublinathletics.com)